

SHARING WELLNESS

Association for the Advancement of Psychosynthesis

A New Book of Readings in Psychosynthesis has been published and is now available. *Sharing Wellness: Psychosynthesis for Helping People*

A Collection of Classic Articles Exploring Issues in Therapy and Treatment, Self-Care, Medicine, Spiritual Life, Education, Environmental Design, Organizations, Communities, and Psychosynthesis Theory.

This volume presents writings by 23 well-known authors who have been leaders in their fields, sharing the wide range of Psychosynthesis as a framework for concepts and practices that have stood the test of time. All of these works were originally presented in three books published in the 1980s and most of them have been newly revised by the authors for this volume.

This book is about Wellness in the broadest sense of the term: the frameworks, concepts, and practices shared are still cutting edge and are likely to remain important well into the future. The authors help expand the “new paradigm” in a variety of areas of human interest that include psychology, psychotherapy, sociology, medicine, spirituality, education, environmental design, and organizational development.

