

“CASA ASSAGIOLI” SPEAKS OF ITSELF

Translation by Achille Cattaneo / Gordon Leonard Symons

“Why would man build churches and temples, in which to worship gods?

Why not worship them everywhere?

People go there, and the more they frequent them, the more those places are sacred. If a man goes there, the environment will affect him and he will sprout the qualities present.

88

Do you know why? When Assagioli and I were together, he wrote: “Every book or article is an entity; psychosynthesis is an entity, every conference or lesson is an entity, every thought is an entity”, the blade of grass you stepped on, walking, and Andromeda are entities, where by entity he means, in the vision of the fifth force or psychoenergetic, : “An entity is a being that has life, that has energy, that has consciousness” Assagioli did not tell me it, but I am convinced that he would not contradict me, if I asked him for confirmation of my being an entity, an entity endowed with life, energy and consciousness.

Me, Casa Assagioli, as a living entity, I am also an ovoid which still welcomes the energies of my dear Roberto and his Institute. In me there is a lower unconscious with its sufferings, diatribes and memories of the past, a present with its ups and downs, and a superior unconscious with the blue ethers of the Self. I also welcome in me the group conscience of the dear collaborators committed to raising my energies with the diffusion of the psychosynthetic idea.

In the course of the time my ovoid experienced events between fogs and bright skies. Think, there was a time when they wanted to sell my dear little garden, in which Roberto meditated and reflected. Now, they put me a beautiful new dress, suitable for the times and the noble Via San Domenico. I am very flattered and proud of it!

In my collective unconscious, black smokes and disqualifying thoughts flow in here and there, which obscure and sadden me from time to time. But it's part of life. The more enemies there are, the more it is a sign that my evolution enters new shores. I thank them, they make me think.

Everything you are surrounded by, when you open my door and enter me, has its own energy, its own magic. In me there is, generated by my beloved owner. the energy of unity, harmony and love. I am a source of subtle energies, to which you can quench your mind and spirit.

Entering my ovoid, you can enter into your intimate reality, into the transpersonal dimensions of your being. I am not exaggerating! The material, cultural, transpersonal realities present in me, spread the psychosynthetic vibrational qualities that, if you look carefully, illuminate you.

In addition to mine, and to the energies of my beloved collaborators, they spread the energies of those who, in Italy and in the world, have included the psychosynthetic way in their growth process, of which I am a milestone, basic and transmitting antenna. When you cross my threshold on the road to Fiesole, dive with your ovoid into my ovoid. Do not come close to me only rationally, culturally, you need your willingness to ‘open up’ you to a living vision of my walls, my kitchen, my archive, they all have something to tell you, and also ‘open up’ you to an intimate vision of your world, of your acting.

My library, my furniture full of sheets and Assagiolini, are not entities without life, they are my organisms radiating pure and essential energies that require to dialogue with the energies of your deeper world.

Don't waste the moments when reveal myself to you ! Live myself and interact with me in the “here and now”, in the space-time in which you move around in my premises. Train yourself to stay in the “here and now”, while watching a piece of furniture, a room, a desk, a billboard. Join our two realities at that time. At that moment, time touches eternity. Feel my breath, look at my light, feel the vibration that is in me and live my present and my past in the company of Assagioli. If you can, get out of time and live it with Assagioli.

Also look at the star of the functions in the mental, af-

fective, imaginative, intuitive and practical work of my dear and beloved collaborators who receive you and who work with tiring, joyful, even if sometimes limping, but always wise, commitment. They make my energies shine in the world. I am not exaggerating!

This moment of interconnection between you and me, envelop you in the energetic atmosphere that unites everything and everyone. Nobody is alone, if he enters me, you are part of the supreme creative energy that moves the sky and the other stars with love, energy that Roberto addressed and asked to address.

In my ovoid you activate in you the phenomenon of resonance, which is established between us, a resonance that widens, even more, the transpersonal energy waves that already vibrate in you and in me. To be clear, it's like the overlapping of sea waves, so it happens with the overlap of mine and your waves.

Accept them, they balance your psychic energy.

Every reality, every object, every corner, every food, even if it is insignificant in appearance, is an antenna that vibrates and emits resonant energy nourishment. There are energies of the past and the present. Become intuitive and feel them enter you.

It is profound communion. Enter into resonance!

Resonance is a law that acts in the atom and in the cosmos and, obviously, in my rooms. This be our relationship, as you walk, meditate, talk, eat or perform groups.

Meeting each other, by resonance, the positive energies present in you and in my ovoid increase, so, whoever comes in the future, will enjoy even more of further transpersonal energy. Commit yourself to generate and spread resonances.

It is an activity of true and real altruistic 'service' towards those who attend me now with you, or will attend me in the days to come.

The material objects, the rooms in which you wander, even in the empty ones, the furniture, the writings, are not dead things, they are living entities, so alive that they listen to your thoughts, they talk to you, they lovingly wrap you in their energy and resound in you.

Do not forget the elementary truth, remembered, here and there, in the writings of psychoenergetics of Assagioli. Nothing is lifeless; the tiles, the frames, the Assagiolini, are living entities as suggested by the fifth force, glimpsed by my beloved tenant. They are imbued with energy. You can see it. They have a past, a history. Contact her.

Here the dear Roberto walked, sat down to reflect, rejoiced, suffered. Learn to see.

Enter, more and more in me, in the memories contained in my ovoid, in the memory of who handled these objects, opened these cabinets, lived these places, of who have projected himself here in the spaces of the world and transpersonal. Try to see the openness to the future of his thoughts and ideas that he has spread, ideas that are and will be your wings for your journey to the Self and beyond.

Entry into my ovoid is an "event" that goes beyond the cognitive vision. It is a dialogue, a fraternal embrace.

Live it, at every moment, with renewed expectation. Look at me and make me poetry. Observe what I hold in essence, do not limit yourself to superficial aesthetic judgments. Seeing in essence is: contemplation.

A tile is an accumulator of telluric and cosmic energies. Everything that surrounds you here stands as a link between the earth and the sky. I am a book of stone, which hands down the extraordinary knowledge that Assagioli made his own and elaborated, and you today, in resonance, elaborate, recreating yourself".

Be aware of this.

Regenerating yourself is an experience that cannot fail to touch you when it happens. And it can happen if you come into me with the right spirit.

Hence, in me, with participation, spoken or silent, together with all the others who, here and elsewhere, share Assagioli's thought in its forms and testimonies. It is an experience that creates your intimate accord with those who pass through me, even if you never see him again or have never seen him in this life.

I know, you're afraid of getting lost in the infinite spaces of my ovoid, spaces that extend from nothing to Everything, from matter to spirit, from rational to esoteric, from rationality to imagination, but if your alternative is to remain still and deaf where you are, this is equivalent to having no alternatives.

Maybe you came to look for something in me that you don't know, for which you have no idea for now, but you know that somewhere there is the answer that your unconscious is waiting for.

The question and the answer call you and you cannot ignore that call because you feel it would be like giving up for dead.

When you will know what you want along the way of life, even away from Florence, ask me questions and wait for answers, because I will always be in you and with you.

Wherever you are, talk to me and wait for my answer that won't come to you directly. It will reveal itself in front of you, perhaps with the voice of another person, with a writing, with a sound, with something that happens, with something that does not happen ... and you will have no doubts: it is my answer to your question.

If you have doubts, it's not my answer. If you feel wonder, it is.

For every my message you receive, a transformation takes place in you, you will no longer be the same as before and you will understand more and more how energetically you are connected to me, to Casa Assagioli, and to Assagioli.

A serene greeting.

TO THE FUTURE: FROM COLLECTIVE INTELLIGENCE TO GROUP CONSCIOUSNESS

Translation by Achille Cattaneo / Gordon Leonard Symons

This article originates from the presentation made during the Conference on "For the emergence of a new humanity" organized by the Psychosynthesis Center of Catania on 6 and 7 October 2018.

This writing starts from the conviction that at the base of the manifestation in which we are immersed there is a specific purpose and a relative plan, and this purpose is: the *Evolution*.

In order to grasp the evolutionary tendency of humanity, we will try to observe it following a sufficiently broad historical dimension.

As the first synthetic clue to the evolutionary sense of the universe, which could reveal its purpose and the plan of the universe, and perhaps show its congruence with the path of humanity, we can consider the affirmation in the book the "Treatise on cosmic fire" by Alice Bailey:

"The global trend of the evolution is to produce the ability to build with mental matter"

In particular, making specific reference to humanity, it starts from a state in which were highlighted only its animal origins, in which it moved mainly in the physical-energetic dimension. From there it developed to a state in which the emotional dimension predominates and a mental dimension emerges. A dimension that today has a greater value on the rational logic (often referred to as a concrete mind). Starting from the current state and in consideration of the development that has taken place, one could imagine a subsequent evolution in which the mental dimension takes over, with an ever increasing presence of the superior mind, the most intuitive one,