

# LETTER TO THE DIRECTOR



Dear Director,

I am writing to you about the article “*The worldwide network of Psychosynthesis*” by Dr. Randazzo that I read in the magazine *Psicosintesi* (October 2020). I would like to give you news of some movement in Budapest: although there is not yet a Hungarian Psychosynthesis Center, we hope to form it after adequate training of candidates provided by the *Institute of Psychosynthesis*. We are only at the beginning of the journey, but at least we have already taken the first steps... Let me introduce myself briefly.

My name is Zsuzsanna (Susanna) Tóth-Izsó, I am 40 years old, I am a high school teacher and mother of three children, I live in Budapest with my family. Graduated in Mathematics and Italian Literature and Linguistics, I am now enrolled in a research doctorate at the Eötvös Loránd University in Budapest.

My main theme is Giovanni Panini’s literary maturation and his spiritual development. Apart from his role in Futurism, I didn’t know much about Papini, but I was looking for a literary theme that is or can be linked to psychology, which has always interested me. During my university years I read Jung’s works with great involvement. When I saw Papini’s photos and got to know his troubled (spiritual) life, I immediately decided to give him a chance and I didn’t regret it, quite the contrary. I had just begun to elaborate the subject when - looking for links with psychology (then nascent science) I found Assagioli, whom I knew nothing about. I immediately bought the Papini-Assagioli-Prezzolini correspondence... and I haven’t stopped since then. It is a theme that gives me wings and enriches me a lot. Two years ago I had the great honor of meeting one of the curators of the correspondence and the writer of a beautiful and very useful book on Assagioli’s formative years, Alessandro Berti, who has become a Friend and a Teacher for me, along my path. I spent the summers of 2018 and 2019 in Florence doing research at the Papini Archive (*Primo Conti Foundation, Fiesole*) and at *Casa Assagioli*, with several scholarships and as a result I presented a report at the 2018 *AIPI International Congress* (Siena): “*Roberto Assagioli’s influence on Giovanni Papini’s literary ac-*

*tivity and his maturity in the light of their correspondence*” and then in 2019 my book “*Literature and Psychosynthesis - Testimonies of the forgotten friendship between Giovanni Papini and Roberto Assagioli*”, reviewed by Alessandro Berti. Also in 2019, I presented the report “*The Perception of Self in Psychosynthesis or the integration of the other than self in the Western tradition of the early twentieth century*” at the International Congress *An itinerary from “East” and “West”: the Silk Road from (and to) the Mediterranean Sea* at the University for Foreigners at Siena. Siena is very close to my heart, I wrote both graduation theses in this magical city where I return every year (The poetry of the districts of Siena; Analytical comparison of teaching methods in teaching mathematics in Italy and Hungary written in Hungarian).

I organized the *Assagioli 2020 Conference - Psychosynthesis and Literature* at the *Italian Cultural Institute in Budapest* and with the support of the *Institute of Psychosynthesis* and the *PhD Program in Italian Studies* of my university, but, as has also happened to other events, it was postponed due to the pandemic to 6 and 7 May 2021.

If all goes well, this summer I will be able to return to Florence and continue my inspirational search. The external and internal events that have accompanied my journey are innumerable and very important in my own professional and spiritual path. The current academic year is the second year dedicated to research with exemption from teaching and I really don’t know how I will return “to everyday life”, because I truly experience this period as a state of grace, as a divine gift, and I am immensely grateful for it.

Here is my account on academia.edu where my writings are located, “just in case”:

[https://elte-hu.academia.edu/  
ZsuzsannaT%C3%B3thIzs%C3%B3](https://elte-hu.academia.edu/ZsuzsannaT%C3%B3thIzs%C3%B3)

I wish you and the entire editorial staff good health and good work and always know that with the *Psychosynthesis* magazine you are doing something really important and beautiful (both externally and internally).

Best regards,  
Susanna Tóth-Izsó