

A new platform for connection, community and development of psychosynthesis is starting here.

The European Psychosynthesis Association, EPA

Join us now! Limited offer: 3 months free membership

EPA: A NEW COMMUNITY OF PSYCHOSYNTHESISTS

EUROPEAN PSYCHOSYNTHESIS ASSOCIATION

In March 2020 (see Rivista n. 33), as I browsed through a few websites of Psychosynthesis Centers and Associations in the Netherlands and Switzerland, I could feel the vibrations of the qualities I felt, i.e. enthusiasm, renewal, organization, inspiration. led me to write “The spirit of psychosynthesis that I have encountered is strong and consolidated: its fire burns and transforms.

Early in the spring of this year, that energy has taken shape, giving rise to a new community of psychosyntheticists: EPA. Here follows how the association describes itself on its preliminary web page.

The EPA is a new organisation that aims to bring together anyone involved in psychosynthesis across Europe. It has grown out of the European Federation for Psychosynthesis Psychotherapy (EFPP) which has been in existence since 1997. Although the EFPP has organised summer schools and meetings, its focus has been mainly on psychotherapy. It was felt that an organisation representing a wider range of practitioners – coaches, counsellors, educationalists, academics, students and arts practitioners – was needed in order to be more inclusive of the psychosynthesis community.

This association was formally started June 27 2021 with 141 members signed up on the first day. A new board was elected and will now start working. Working groups would then need to be set up by the new board to plan events, design a website and involve members, etc. What would you like to see in our new organisation? Join us and let’s co-create the future of psychosynthesis!

The EPA is a not-for-profit organisation and aims to provide members with a space where members create and contribute to a vibrant, diverse and supportive community, which upholds the spirit and essence of psychosynthesis. This is where it all begins!

Other administrative information can be found in their FAQ section.

What type of organisation is this? The EPA has now been

legally registered as a voluntary non-profit association under Dutch law. It has a basic structure with an interim governing board which will give way to an elected board as soon as possible. Although the basic structure has been set up according to a standard format for Dutch associations, there are many aspects of the internal procedures and regulations still be worked out once the elected board is in place.

New members are invited to register on the association’s Facebook page, from which numerous initiatives are launched. Although not a “practitioner”, but a trained group facilitator/counselor of psychosynthesis in the centers of the Institute in Florence, I signed up immediately, attracted above all by their spirit of “unity in diversity”. It’s interesting that also Ewa Bialek, a Polish psychosynthetic therapist, now member of the EPA board in her article on the Quarterly Journal of the Association for the Advancement of Psychosynthesis (September 2021) had felt the same vibration.

The Association is very active in organizing meetings and opportunities for personal and professional enrichment, to get to know each other, discuss, exchange opinions and experience.

Having taking part personally, I can recommend the “Coffee” on Monday mornings at 10.30: half an hour of online meetings, in which the group is divided into rooms in which people “selected” by the Zoom platform, can talk about ... what comes up!

There are also meetings for meditation, thematic interviews, and much more.

I leave you with their Facebook post published at the beginning of September:

We are in the process of building our new community platform and came across this wonderful quote:

“EPA is a hub - and symbol - for like-minded people to collaborate and coordinate activities for addressing the great challenges our civilization is facing”

Sound interesting and in Europe? Then why not join in the fun of creating this new space...

Those wishing to know more can visit the EPA Facebook page.