

## *The intentional consciousness*

*Current spiritual crisis era forces us to think to the positivistic past of the European history mainly as the separative effects of this conception. As regarded also in the language, terms such as, for instance, bio-psycho-synthesis reminds us that psychology never knew a unity but only a composition of parts.*

*On the contrary, the psychosynthetic theoretical model introduces an unitary conception of the man, it suggests a way going from the knowledge of Self to the project that our own Body, incarnation of a living Self, this model is the intentional expression of the relationship of the Self with the external world.*

*At the end of the XIX century a great controversy developed about the nature of the living beings, and about two main conceptions compared: the reductionist and the olistic.*

*The first one was based on the study of the organic body and on all its functions. It was also based on the pathology that, according to such a scheme, was mainly caused by external agents. Thanks to this idea, all organs and the various illnesses are decomposed, analyzed and classified and we will reach the structural and anatomical knowledge of the symptom without gathering its symbolic meaning. Humanity and biography of the human beings are not taken into consideration. This materialism finds its roots in the 16th century, with the empiricism and the rationalism, respectively from Bacon and Cartesio. The body of the man is a mechanical system and the therapeutic practices treat body and psiche separately.*

*The olistic conception develops a vision, in which the biological organism is something more than the sum of the parts. The concept of in-dividuum (indivisible) turns us to Ippocrates of Kos, he thinks that the illness represents the unbalance between the "inside humors" and the four primordial elements that constitute the whole (earth, water, fire, air). The role of the physician is to help the sick man just to recover the equilibrium between microcosm and macrocosm.*

*In Middle Ages the body is separated from the soul, there were only few discordant voices as Hildegard von Bingen, German Benedictine nun, that approaches, with exceptional intuition, the illness of the body to the states of the mind of the human being. Three centuries later, Paracelsus recovers the thought of Ippocrates, about two centuries the homeopathy, he discovered that, diluting the remedies means strengthening their effect, also introducing*

*the concept of "typology." Later on, in the 17th century, with the homeopathy of Hahnemann, and another century later with the floritherapy of Edward Bach, the job of Paracelsus were widened and evolved up to reach Jung :he says that the objective of the therapy is to restore the harmony between the individual and the general Energy of the Cosmos.*

*So, in the olistic vision, the organism becomes an intentional body endowed with an intelligent ability of interaction between its inside functional areas and the external agents, as energetic elements which can be elaborated in an evolutionary or regressive way.*

*On the medical side, since a lot of decades, various disciplines and researches study phenomena of interrelation among apparatus, systems and functions of the organism and the external world, the other; they study the body in the relationship.*

*If we try to overlap the evolutionistic model to the psychosynthetic maps, we can reach a deeper knowledge of the evolutionary meaning, which is impressed and expressed in our body.*

*The inferior unconscious coincides with the reptile brain (encephalic trunk and cerebellum), which is the most ancient layer related to the survival and the unintentional functions of the organism.*

*The middle unconscious coincides with the mammalian brain (limbic system), which is the emotional body that controls the emotional reactions and the principle of pleasure. It represents a fundamental evolutionary jump because it regulates the affective discrimination: here the center of self-awareness and wish is based: the Self.*

*The superior unconscious coincides with the cortical brain or Neocortex . It is responsible for the decisional process, the principle of the "useful and correct", the experience of the peaks. It is a young structure, still growing. At this level, the evolution does not follow anymore the schemes belonging to the whole human beings, but it is tightly tied to the personality of the single man. In this phase, our own body becomes a manifestation of an evolutionary process, in which the relationship has more and more weight.*

*The human body becomes a door opening to the world, the body tells us our own way to be there.*

*From here we can develop our own project, the freedom of our presence in the world.*