

HARMONY

Translation by Achille Cattaneo

The concept of harmony is often an abstraction, but when we undertake to interpret the it's the meaning we take all the universal reality of this term. In fact, if we look at the infinite variety of the manifestations of the in nature, we see that although are the same there is no two grains of sand equal, all that exists is wonderfully fused into a large and harmonious process called life. And if we look at the behavior of men on Earth, we always find them to be committed to overcome the individual differences by joining in harmonic groups increasingly wide, driven by an irrepressible need of union and harmony. The same need of harmony that pushes has impelled since thousands of years the spirit of the Man looking for thousands of years to search for cognitive synthesis more and more inclusive for the greatest good of the greatest number of individuals, and that we find in electromagnetism of the atom as the fundamental law of the microcosmic structure. The very idea of harmony comes from the study of the Universe, described as an endless sky where life flows from by an endless stream of fiery energy that is projected in myriads of sparks in the cosmic space. Infinite are the stars and the celestial bodies, but remains the only energy that produces them and the unique universe that contains them and binds them in an eternal destiny. And even listening to an orchestra does not it is not the number of the musicians who are playing that strikes us as their ability to create harmony. There is Then one wonders if in a perfectly harmonious Cosmos in the structure and rhythms it is conceivable that only the will of Man may with impunity violate the rules of the game. It is clear that thoughts of separation and opposition are detached unequivocally from the universal design, and as the evolution will never follow the principle of dissociation, they will produce only suffering and destruction.

The current individual and collective disharmony must therefore be considered as a transient and dangerous

state of involution, which can and must be corrected and overcome. It is as if the diversification of life in the Cosmos had moved away from their origins of the same, decreasing the mutual magnetic attraction and creating the historical antithesis of good and evil that grips our Humanity.

In a psychosynthetic vision we can guess that only the synthesizing pull of the spirit will re-harmonize in our consciousness the dual polarity of Eros and Logos subtracting these two forces at the play of antagonisms and the alternate submission.

It is time to recover the "sense of affinity" understanding that the Law of Attraction is working on all elements and at all levels, offering ourselves a true "science of harmony", the only one that will link to the large planetary energies. If a single magnetic activity regulates the life of the Cosmos, it is inevitable that the Man should "steer" himself in tune with the great laws of the Universe, because the Earth is interdependent with other planets and the breaking of this bond alienates our little world from established cosmic path.

The danger of all attitudes contrary to the law of harmony is evident for in the principle of relativity, which suggests what should be superior to our strength the magnetic attraction of the planetary energy and as unproductive and unrealistic be any human scum(feccia!!!) to join.(non capisco cosa vuol dire)

It is estimated that there are no limits to the scale of harmony and that it leads to fusion and synthesis of all that exists. We can therefore assume that a single higher mind controls every creative process and leads the most advanced forms, through the law of attraction and affinity, in a single magnetic tension sublimating it in a supreme act of love.

Hence the importance that in every initiative undertaken there is the harmonious collaboration of all the elements involved to achieve it, since we ourselves and everything around us in space vibrates in one universal agreement. This concept of unity and harmony must, however,

brew come through the experience of the absolute inner freedom, that for the human consciousness means to grasp beyond our personal experiences that harmonious golden ray that joins it to the reign of the gods.

The spirit of the great men, set free from self-centered interests, are committed to the evolution of the world has itself become harmony in action, and as like the wave of the sea has acquired the ability to collect and gather together the most diverse human currents to guide them in building the future of humanity itself. It is fascinating to discover that a few enlightened spirits in the past, were able to influence and transform the Way of entire peoples accelerating the evolution of the whole race.

On the other hand, history teaches us that when human groups find agreement among them they leave to posterity such grandiose works of harmony to be witnessed for centuries for the unlimited creativity of Man. In fact, only when we are able to harmonize our energies we walk on the path that leads to the great cosmic synthesis, creating in the space magnetic psycho-spiritual centers, true cornerstones of our inter-planetary destiny. It is an incessant work of transmutation with no beginning and end that in the wonderful chain of universal harmony makes every creature the seed of his irrepressible tomorrow, in an ongoing process of renewal and overcoming, to the eternal search for the absolute in ourselves.

For the principle of maximum growth – today also accepted by psychology - the Man tends to a continuous growing inside himself realizing all the energies of his being including the thinner subtler ones of the super-conscious, the only ones that bring us closer to the noumenal ideals of supreme intelligence and perfect love.

It has been said that due to a principle of resonance the good attracts the good and the evil the evil itself, and both initially coexist in our hearts. Hence the importance of activating in us the unifying and synthesizing power of the harmony, to overcome the structural duality of our phenomenon and become centers of harmonizing of a Humanity divided and torn. Transmuting the combative energies up to and spiritualizing them - by Psychosynthesis as Roberto

Assagioli suggests - it means then working in harmony with the Cosmos and becoming creators of future life.

This is because in the concept of harmony it is unthinkable to exclude any of the forces that move within us, and the problem is not to eliminate, but to balance them in an appropriate synthesis the energies in contrast. Those who harmonize their dual nature create a spiritual pattern which in turn improves the harmony of the Universe. Then we are to rediscover the synthesis of opposites as the harmonizing commitment par excellence, and the process of de-identification as a continuous work of transformation of our phenomenal Ego towards the light of the infinite within us. And it is leaving the old, in the continuous renewal of our thinking that we perceive the dark inertia that surrounds and suffocates us in our conventional life and we begin to capture the glow of a cosmic reason above that of humans.

And we realize that fear and possession of the World are opposing to the renewal with denial and obscurantism, renewing the symbolic struggle between light and darkness. That ancient battle that lived and suffered in every human soul leads each of us sooner or later to mature internally until we grasp that the common good is the only way to go, and the will of the spirit the only force capable of fusing diversity and creating harmony. We have reached the atomic age and it seems logical to anyone who understands the meaning and importance (of harmony?), to light within himself the fire of commitment to harmonize the atoms of each event illuminating his conscience to the great fire of cosmic consciousness. And so, by (from?) the instinct to the feeling and from the feeling to love, understood as a contact and synthesis, through an act of extreme humility and profound wisdom, we will recover the true harmonic note of the human experience in the eternal symphony of the life of the Universe.

Taken from “Quaderno di Psicosintesi” del Centro di Roma, n° 22, febbraio 1983