



LECTER TO THE DIRECTOR

I think you will enjoy reading the excerpt of the Synthesis Center's newsletter in Amherst, United States, sent us by our friend Didi Firman.

A Winding Path in Sicily

The last month has been full with the wonders of psychosynthesis, community, travel, dancing and visions of the future of psychosynthesis.

Finally, travels took us to Sicily for the International Psychosynthesis Conference, where 400 came together and, to our great delight, the introduction of psychosynthesis coaching to that community was met with great enthusiasm.

Many thanks go out to all who gathered, who created, who supported, who danced, who spoke, who listened, and who sent wishes, from across the world. Let us keep following the path, the one that guides us each uniquely, and the path that carries psychosynthesis forward into a world that is much in need of its wisdom and practices.

Didi Firman, editor

Sicily was Amazing!

Powerful presentations, gorgeous environment, deep connections renewed and formed and the power of psychosynthesis evolving. Two Synthesis Center presentations on psychosynthesis coaching were filled to overflowing, with an amazing translator (Thank you Damiano), and people who energized this work to its next level! Psychosynthesis Coaching in Italy? I think so. Synthesis Center graduates and current trainees presented, joined in and took in the international flavor of this work. Psychosynthesis is alive and well and this experience made that clear. Between the volcano in the background and the beach in the foreground, the conference carried the promise of psychosynthesis.

*Thank you to all who made this possible.
To no one's surprise the speech was adlibbed, but the written version exists, complete with references!*

And that was the PAST

In the PRESENT:

Breathing in, we share the suffering in our world.

Breathing out, we commit to peace.

Breathing in, we smile.

Breathing out, we weep.

Breathing in, we are aware.

Breathing out, we are will.

May peace and peace and peace be everywhere.

And please share our FUTURE with us, as plans unfold, adventures await and the Center's Call of Self continues to emerge.

May all beings know peace.

*From Synthesis center Newsletter (Brattleboro – VT, USA)
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