

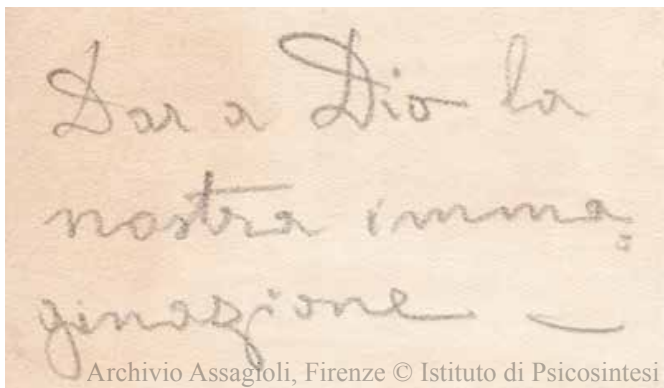
# ROBERTO ASSAGIOLI'S INTERIOR WORK DIARY

EDITED BY LUCE RAMORINO

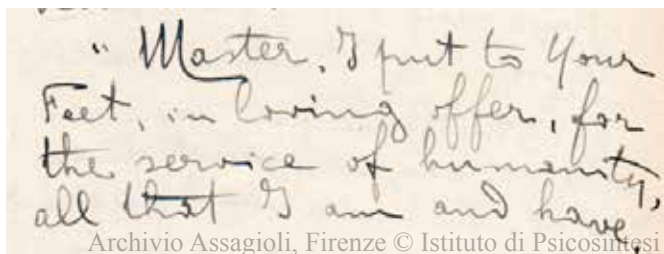
*Notes, fragments, prayers, invocations that describe and offer us the testimony of intense inner life and of Assagioli's continuous, incessant spiritual search, with its highs and lows, with the purposes, the affirmations, the choices he chose to anchor, to strengthen, empower and vivify the deep dialogue and contact with his luminous Self.*

*They offer us a mystical and 'occultist' Assagioli, capable of combining aspiration and mental inquiry, as he loved to try to be ...*

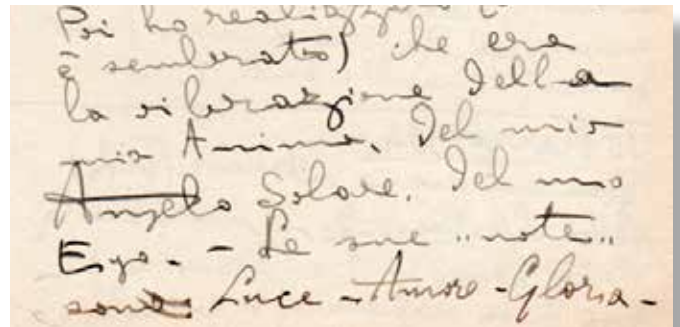
*May they inspire and stimulate us all to try to do the same!*



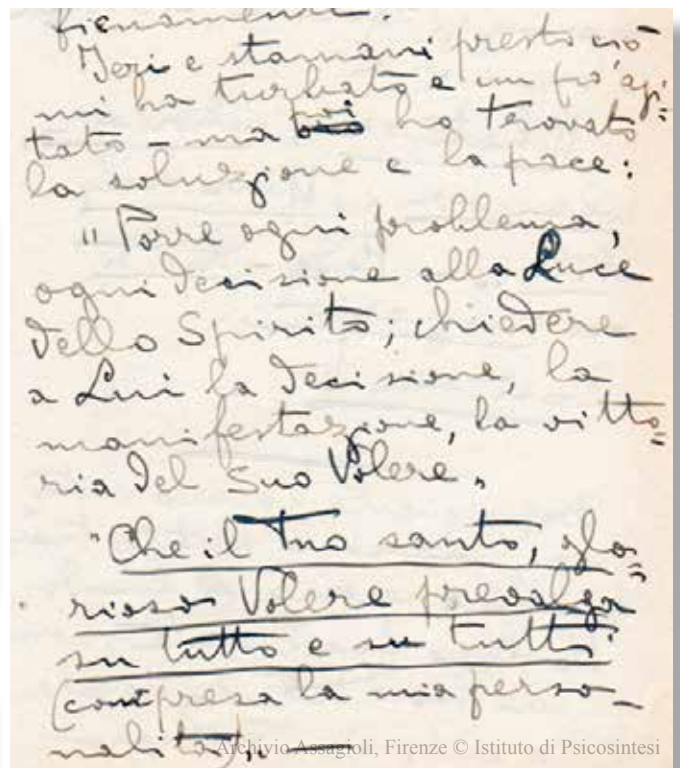
Give our imagination to God



Master, I put at Your Feet, as a loving offering, for the service of humanity, all that I am and have."



Then I realized, (or it seemed to me) that it was the vibration of my soul, of my solar Angel, of myself. – it's features are Light – Love – Glory.



Yesterday and early this morning it troubled me and agitated me a little – but later I found the answer and peace: "Place every problem, every decision in the light of the Spirit; ask Him for the decision, the manifestation, the victory of His Will."

"May Your holy, glorious Will prevail over all and everyone"(including my personality)

12-I-1932 cerca di riconoscere le ispirazioni, le indicazioni, i comandi del Dio Interiore e ad obbedirvi attenti, a seguirvi ferventemente -

12-01-1932  
 Try to recognize the inspirations, the indications, the commands of the Internal God, and to obey these and follow them faithfully.

Mi sono <sup>sentito</sup> impedito a riprendere in favore l'atteggiamento di servizio, di offerta, di irradiazione, di compassione. Ma farlo ora con saggezza e con atteggiamento positivo.  
 Dio, ti ringrazio

I felt myself impelled to fervently re-adopt an attitude of service, of offering, of irradiation, of compassion. But to do this now with wisdom and with a positive outlook. I thank you, God.

Senso cosmo (interesse, fascino, no per le grandi leggi e fatti astronomici, cosmici) - Visione - il meraviglioso Piano Divino - - Senso di business - di qualcosa di sottile, di alto, di vasto - di distacco dal mondo, dalla terra - di solitudine buona - di qualcosa, dietro un velo.

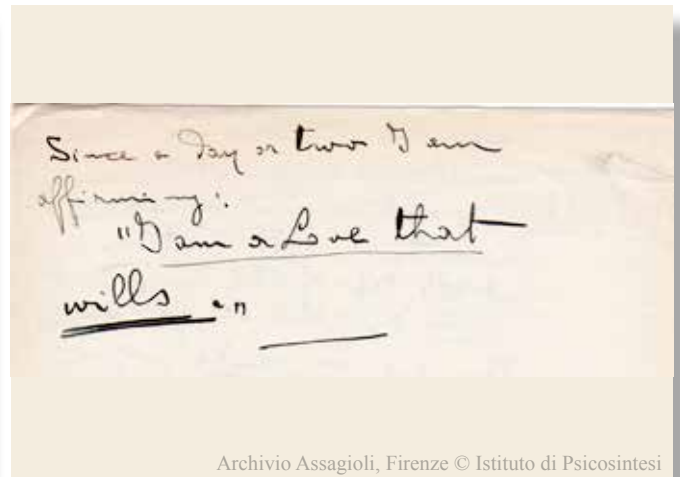
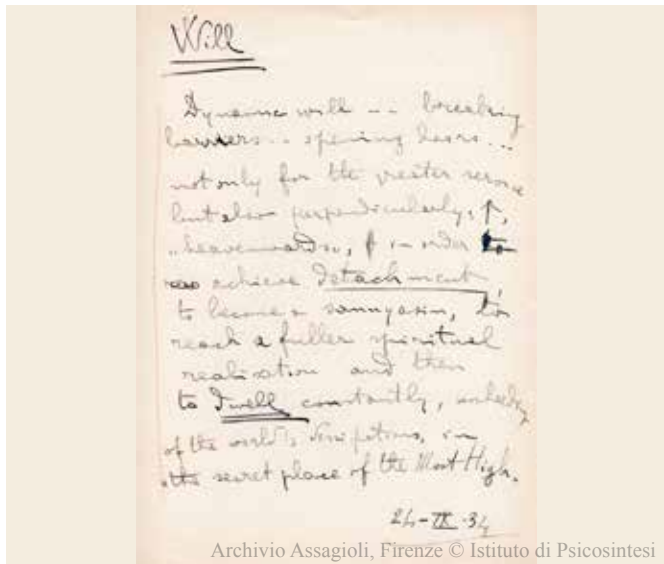
A cosmic sense (interest, fascination for the great laws and facts of astronomy and the cosmos.)  
 v - Vision - the marvellous divine Plan... A sense of whiteness - of something subtle, high and vast - of distance from the world, from the earth - of a welcome solitude - of "something" behind a veil which is very close...

In the silence I heard the inner order: "Break the barriers"

In the silence, I "heard" the inner order: "Break the barriers"

13 novembre 1930 (Roma)  
 In questi giorni lotta contro la dispersione, la passività verso le altre influenze, e costanti ricorsi. Fatto energiche invocazioni di affermazioni di Potere e altri momenti, ore di penosa debolezza e impotenza. Questo è il mio problema - insistere instancabilmente a riprendermi, a riaffermarmi attraverso e dopo ogni onda negativa. -  
 Stamani, ottima ripresa. - Inseguito con tutta l'anima e con fede:  
 "Seguimi, dammi la forza per essa assolvere degnamente, pianamente i miei doveri e i miei compiti."

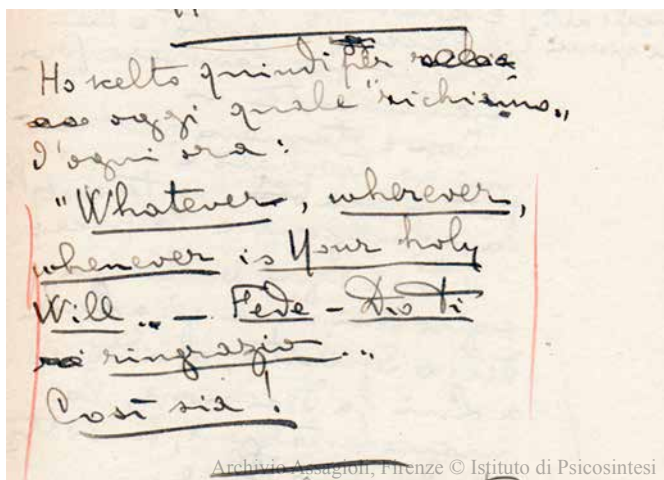
13 November 1930 (Rome)  
 In these days, struggles against dispersion, passivity in the face of other influences, with varying events. Made vigorous invocations and claims of Power, and had moments, hours of painful weakness and helplessness. That is my problem - I shall tirelessly continue to recuperate, reasserting myself through and after every negative wave. Excellent recovery this morning. - I invoked with all my soul and with faith: "Lord, give me the strength to carry out my duties and tasks worthily and fully."



Since a day or two I am affirming:  
 "I am Love that wills"

Will

Dynamic will ... breaking barriers... opening doors ... not only for the greater service but also perpendicularly: ---> "heavenwards", in order to achieve detachment, to become a sannyasin, to reach a fuller spiritual realization and then to dwell constantly, unheeding of the world's dissipations, in "the secret place of the Most High"  
 24-IX-34



I have therefore chosen for today as the "call" for every hour:  
 "Whatever, wherever, whenever is Your holy - Will- Faith - I thank you God" So be it.