

LETTER TO THE DIRECTOR



March 12, 2022

My Dear Friends,

The situation is extremely difficult in many ways. This is mainly due to Poland's close proximity to a war-torn country (Ukraine), but also to a country that supports the war (Belarus), on whose border a migration crisis has prevailed since last year and where a state of emergency has been declared on its border. Now it is a double risk, and a lot of fear, especially since our mutual relations have not been good for years. We have a state of emergency in the border towns.

By the way, many people have travelled to Lviv, have acquaintances there, and therefore the horror is twice as great.

The current situation is particularly complicated. On the one hand, it takes place during the so-called pandemic, in which people are intimidated, and on the other hand, there is a flood of refugees for whom there are no epidemic restrictions. People are in a total information chaos. There are also a variety of relief actions – people take refugees home, others buy for volunteers who stand up in front of the markets with shopping carts to throw food and other things in. There are also actions that go to the border or send products to those who have remained in their country.

In addition, we hear of situations in which people want to make money under the pretext of “help.” It is often asked whether it is a real help. It is hard to relate to the correctness of one action or another. Nevertheless, war as such is an absolute threat not only to one State, but also to the whole world, particularly in today's era, which is threatened by nuclear war. For purely human reasons, he serves no one. On the other hand, in the course of life we see “wars” in families and the devastation of the environment, but also the conflicts among our own peoples from one nation.

The world needs renewal, but it cannot happen by killing some for the dominance of others, for the selfish aims of the individual. What I see now, after living for many years, is the most urgent need to change consciousness from ego to ecocentric. When someone asks me what to do in this situation, I say: do what you are willing to do. Some want to give material help, others want to take care of others.

The others – go to war.

For my part, living in the here and now, meeting volunteers collecting food for refugees, I buy for them and join the action. As a pensioner, I live on a modest pension, and whatever I save or earn, I use in addition to publishing books. In the present situation, I am very active in all the collective celebrations, online webinars that serve spiritual support, whether they are prayers or meditations. Every moment of the day I have this state of “being in the light” in my eye by bringing light. Because I believe in the divine plan and what Vivian King once wrote in her “Inner Theatre”, that you can never be destroyed, and Eileen Caddy, the founder of the Findhorn Foundation, says that we support “Heaven on Earth” by “putting Heaven on the first place.”

Finally, I attach the possibilities of financial or material humanitarian aid, which are official websites in Poland. Here they are:

Polish Humanitarian Action (PAH): <https://www.pah.org.pl/en/donate/Payments> for direct aid, including food and other forms of support for people fleeing their homes,
to account: 02 2490 0005 0000 4600 8316 8772



Caritas Poland: <https://caritas.pl/ukraine/> the most urgent needs, food, hygiene and the provision of basic material assistance Account: 77 1160 2202 0000 0000 3436 4384 with the reference UKRAINA or SMS with the text “UKRAINA” to number 72 052 (costs are PLN 2,46 incl. VAT)

Polish International Aid Centre (PCPM): <https://pcpm.org.pl/en/about-us/support-us> or deposit to account 18 1140 1010 0000 5228 6800 1001 marked “Aid to Ukraine.” The funds will be used for humanitarian aid, evacuation of the population and psychological support for children. Correct link:

Polish Red Cross (PCK): donations for the purchase of food, bandages and other priority needs. Account: 16 1160 2202 0000 0002 7718 3060 with the reference “UKRAINA” and on the website <https://donation.ifrc.org/?campaign=e8952a8a-5096-ec11-a2db-005056010027>

Poland Medical Mission: donations for rapid medical assistance and the purchase of necessary medical supplies, which are handed over to the local relief organization – the Red Cross in Slowjansk in the Donetsk region. <https://pmm.org.pl/en/donate> or bank transfer to account: 62 1240 2294 1111 0000 3718 5444 with reference UKRAINA

UNICEF Poland: fundraising campaign for children including safe shelter and psychological support, medical care, clean water and hygiene items: https://unicef-pl.translate.google/chce-pomoc/nasze-akcje/pomoc-dla-ukrainy?_x_tr_sl=pl&_x_tr_tl=en&_x_tr_hl=en&_x_tr_pto=sc

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